

## I UNDERSTAND THAT...

Those who will walk the Italy Unite Wild Trail both independently and in the annual meeting declare in total autonomy and full awareness of:

- have become aware that this is a trip/trail that is done independently without any organization or support from third parties and that it is not bound to any type of route;
- that to cover the route all at once or in any case a distance such as that between Santa Maria di Leuca and Morgex, it must be in excellent physical condition and without any apparent contraindication;
- that if he wants to follow the track that Juri, Fabio and Matteo will do, he will have to have experience in GPS navigation in untracked / marked paths and therefore to be fully master of the instrument through which he will follow the track of the path;
- to be aware that some stretches of the route can be particularly inaccessible and bumpy, so much so as to require you to ride a bike in tow, but to be equipped with excellent driving technique and to have sufficient experience to be able to assess the risks of each single stretch of the course and adjust accordingly;
- to be aware that the route includes stretches of high mountains where the weather and weather conditions can be unpredictable and to be also aware of the possibility of encountering snow at high altitude and knowing how to deal with it with due experience.
- to be fully aware that given the length of the path, if he wants to do it all in a single solution and without deviating, he may run into unforeseeable obstacles that could force him to find an alternative route and declares to be able to self-determine in this sense without the need for any help;
- declares to have experience and to be aware of the possibility of encountering adverse weather conditions and to be able to orientate and ride in the hills and mountains in all weather conditions;

- to know how to face and to be able to evaluate the challenging stretches of the route (stairways, walkways, ridges climbs, fords of streams, banks and banks of streams, paths with significant slopes, steep descents, etc.) with the utmost caution without creating danger to himself and to other cyclists; and to avoid them by choosing alternatives on his own initiative which he considers safer for his safety;
- declares to be physically prepared to face many hours on a bike without stopping and in complete self-sufficiency and to be aware that the nocturnal progression is complicated and requires preparation, habit and sufficient lighting tools;
- declares to be aware that along the entire route it will be possible to encounter local fauna and to be able to maintain a suitable pace to avoid problems such as collisions, collisions or sudden falls;
- declares to be aware of the fact that animals such as wild boars, dogs, bears (limited to Abruzzo, Molise and Lazio), deer, fallow deer and others that may constitute a sudden obstacle can be encountered along the entire route;
- declares to be able to face the unforeseen situations described above in full autonomy;
- express consent to the use of your data and photos that may be taken during the trip and to share on the Italy Unite Wild Trail Facebook page or other social media, in accordance with the provisions of the Privacy Law no. 196 of 30/06/2003;
- to complete a path such as the IUWT, the effort is such that it is aware of the need to personally be in possession of the competitive medical certificate for cycling activity;
- to be aware of the considerable length and difficulty of the route and to have taken note of the itinerary, the relative and related problems;
- be perfectly aware of the rules of the Highway Code and undertake to comply with them avoiding any violation.

